



Estonia

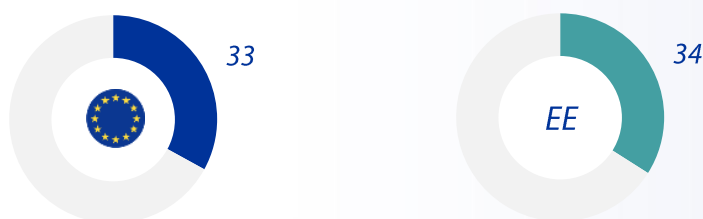
Interviews with workers: EU27 - (25 688 interviews) | Estonia - (1 005 interviews)

Fieldwork dates: 31.03 – 14.04.2025 | Methodology

## Exposure to climate change-related risk factors

B2 In the last 12 months, would you say that at work you have been exposed to the following factors?

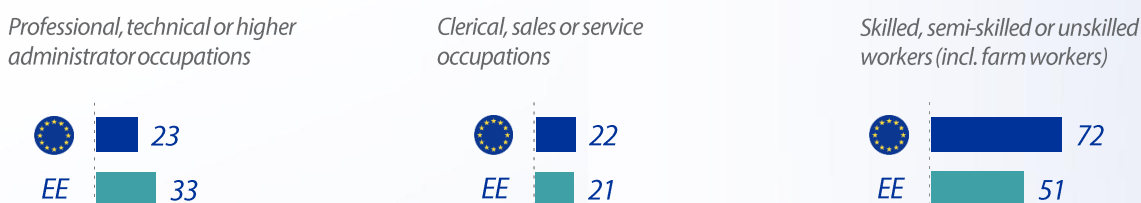
### Total % of workers exposed to at least one climate change-related risk factor



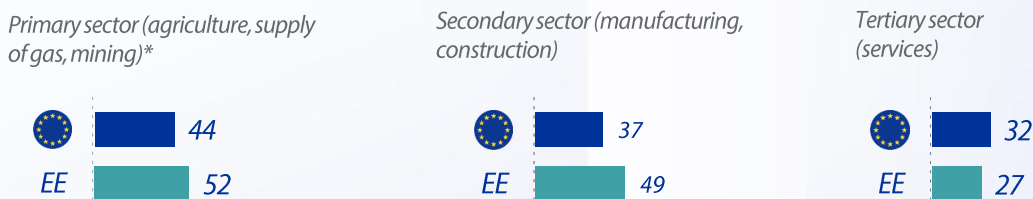
### Exposure by type of climate change-related risk factor (% 'Yes')



### Total % of workers exposed to climate change-related risk factors, by occupation



### Total % workers exposed to climate-change related risk factors, by sector

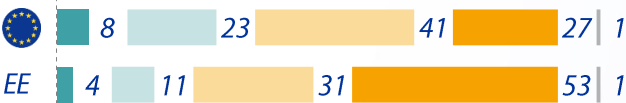


\* Caution should be exercised when interpreting these results, due to low base size (<50)

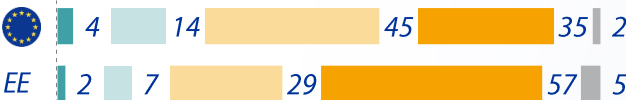
## Climate change concerns and mental health at work

E2 Do you agree or disagree with the following statements on stress and mental health in your workplace? (%)

I am worried that climate change-related issues (e.g. extreme heat or extreme weather events) can impact my safety and health at work



I am afraid that my current job and tasks will change as a result of measures introduced to prevent climate change-related risks



Strongly agree      Agree  
Disagree      Strongly disagree  
Don't know

Mental health problems\* among workers worried/not worried about climate change-related issues impacting safety and health at work (%)



Mental health problems\* among workers afraid/not afraid that their current job and tasks will change as a result of measures introduced to prevent climate change-related risks (%)



\* Stress, depression or anxiety  
In the last 12 months, have you experienced any of the following health problems caused or made worse by your work? (% 'Yes')

## Workers' health problems related to climate change

C1 In the last 12 months, have you experienced any of the following health problems caused or made worse by your work? [MULTIPLE ANSWERS] (% 'Yes')

Heat-related symptoms or illnesses (e.g. dizziness, cramps, exhaustion, stroke)



Sunburn



## Preventing risks related to climate change

E3 Are any of the following measures to prevent heat stress and climate change-related risks at work available in your workplace? (% 'Yes')

Adjustments to the organisation of work (e.g. flexible working time, regular breaks, job rotation)



Information and training about how to handle heat and other climate change-related risks in your job



Consultation of workers about climate change-related concerns



Other measures to protect workers from heat and climate change-related risks (e.g. thermal insulation, cooling systems, climate-appropriate personal protective equipment)

